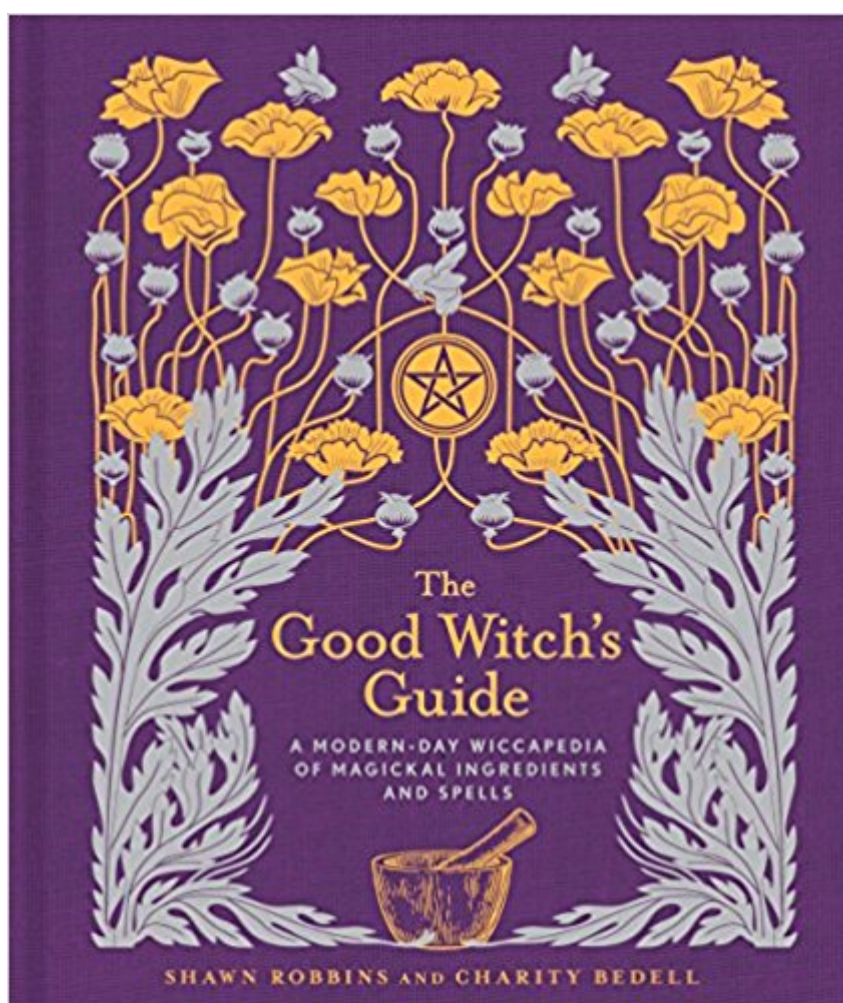


The book was found

The Good Witch's Guide: A Modern-Day Wiccapedia Of Magickal Ingredients And Spells (The Modern-Day Witch)



Synopsis

From cleansing spells to hands-on healing to the spiritual use of herbs, witches know which magickal and natural remedies work best! *The Good Witch's Guide* offers a treasure chest filled with holistic Wiccan magic and lore. Illustrated throughout, it teaches you which herbs and spices, oils and aromatherapy, brews, potions, spells, and more, can help you live life to the fullest. And with spells, remedies, and recipes from a roundtable of noted witches, healers, and mystical practitioners, this "spell-binding" book is a must-read for anyone who wishes to celebrate both good health and spirituality.

Book Information

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Customer Reviews

Shawn Robbins is the author or coauthor of four highly successful books, including the newly released hardcover edition of *Wiccapedia* (Sterling) now used as a teaching and reference guide in many of the online Wicca schools. She has taught classes about herbs, health, and healing at the NY School of Occult Arts, as well as lecturing extensively throughout the country on this subject.

Charity Bedell (also known as Loona Wynd) has been a practicing witch for over 15 years, with an extensive knowledge of herbal medicine and magick. She has an online store where she sells her handmade herbs, tinctures, and oils (*Mystic Echoes*) and has a large following both in the Wiccan community and in mainstream America.

WOW, what an amazing book! Well-voiced, intelligently written for a wide audience with good information for both the new practitioner and the experienced Witch. As a 30-year veteran of Paganism, I still found some gems that I intend to utilize.

Love this book! Whether you are a newbie or advanced, you will learn something from any Shawn Robbins book. I've had many decades of experience and I still learn. Give it a try...you will not be disappointed!

This book is wonderfully written. Wonderful information for both new practitioners and the experienced. In addition to its great content it is a beautiful well made book. I love it.

Great book!! Just what I've been looking for. I love the recipes, simple spells and it is very well put together. It's the perfect size and the artwork is beautiful! Highly recommend!!

this book is literally so good, it gives you so much information on a variety of topics! it has so many useful things to do such as ritual baths, daily rituals, and lots of other stuff!! highly recommend for a beginner to an experienced person, and my fave part about this is how much detail the author put into this book, especially with all the illustrations and instructions

I love the size of the book i have a good feeling about getting this book thank you and bless you be

The Good Witch's Guide is truly what it sets out to be: an excellent reference guide for skilled practitioners, novices or those just beginning to take interest in the magickal arts. The book is well-organized, insightful and provides explanatory summaries within each section that provides clarification of purpose. The Good Witch's Guide is broken into three parts, the first of which is Ye Olde Witch's Wisdom, Rituals and Formula's. This part of the book gives a brief history of the folklore, aromatherapy, and use of crystals and gemstones. I like that this part of the book explained the "doctrine of signature" which is thematic in traditional folklore. I found the essential oil list comprehensive; the chapter provides a list of common ailments, points of improvement and essential oils that are recommended to provide relief. The essential oil section is also divided into healing and magickal and provides several recipes for each. Required items that many of these recipes call for are easy to locate. The chapter, Crystal Power, provides information

on charms, elixirs, and explains chakra balancing in a concise manner. The chapter also provides a list of crystals and gemstones and their applications as well as recipes for healing and magickal applications. The list provides a great number of commonly utilized crystals and gems. The second part of the book, Spirit Spells and Spirituality, outlines the importance of well-being and visualization. I absolutely love the spells for well being and self love. The focus segues into spells that can be utilized to heal others such as the Healing Poppet Spell. The section then transitions to cleansing, protection and magical spells. Chapter 5 covers candles, their colors and uses. Chapter 6 has spells for health and also some for removing fears and phobias. The section is rounded out with a section that defines types of spirituality and philosophies. I like that it gives a brief summary of those listed without a bias toward one or another. *The Good Witch's Guide* encourages and promotes self healing in daily life and encouraging use of healing of others and then extend it outwards to include wildlife and the environment. It contains a gentle reminder to be kind, be mindful and act with love. The third part of the book, DIY Brews and Potions, continues to remind the reader to look in your kitchen and your yard for sources for herbs and plants. As well as defining animism, this section contains a terminology of infusions, decoctions and tinctures. A list of common herbs and uses for them includes information on possible prescription drug interactions, information that is vital to all practitioners. As a kitchen witch, I really appreciated Chapter 8, Kitchen Witchware: Cooking up Magick. There are several recipes that are definitely going to be incorporated into my repertoire! The A to Z of Health Remedies is a nice addition to the appendix. I enjoyed seeing remedies from other practitioners. *The Good Witch's Guide* also provides a great resource list for supplies and also a recommended reading and reference material list. I enjoyed *The Good Witch's Guide*. It is a good read. The book provides a summary explanation, directions for self use, healing, magick and then encourages focus outward to use the knowledge to benefit others and the environment around us. Throughout the book there is significant emphasis on cleansing the items you work with of residual energy as well as a focus on energy, mood and intent. These things are very important to keep in mind whether you are creating an essential oil for a ritual bath or baking a loaf of bread for a family dinner. I liked that the format of the book was user-friendly. Each of the three sections is broken down into healing and magickal applications and each of these sections lists herbs, spices, plants, supplies uses in either application. I also liked that the authors encourage the practice of "look in your spice cabinet" and also to look for plants, herbs in your environment. I recommend *The Good Witch's Guide: A Modern-Day Wiccapedia of Magickal Ingredients and Spells* to anyone who is interested in learning or continuing to seek knowledge with healing lore or

has an interest in the arts.

What a great reference book! There is a little bit of everything for the witch or pagan, especially ones new to the path. It's not the usual dry, boring guide. It's well written and brimming with great information. It makes a great gift too!

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